

# *The Intimate Marriage*

Graduated Intimacy: An intervention for sexual difficulties in marriage



“We have a happy marriage, but our intimate life is a source of pain, frustration, and disappointment.”

“I love my spouse, but we cannot even talk about this area of our life let alone see anything changing.”

“We have always wanted our intimacy to be great, but we do not know how to get there.”



**Graduated Intimacy** is a marital sexual therapy with a focus on gradually improving verbal and physical intimacy in marriage.

#### **Formats Offered:**

- Weekly Individual Couple Sessions
- Weekly Group Couples Sessions
- Intensive Weekend: 2 Saturdays, 16 hours  
(Fee dependent on format chosen)

#### **For information call or email:**

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